



PROCLAMATION

WHEREAS: The annual Global Day of Unplugging is asking our community to commit to being Screen Free from sundown on Friday, March 7, to sundown on Saturday, March 8; and

WHEREAS: Research shows that the overuse of technology has adversely impacted health and human connections; on average, children ages 8-12 in the US spend 4-6 hours a day watching or using screens with teens spending up to 9 hours; and

WHEREAS: About 3 in 10 parents say they are "almost constantly" online with 6 out of 10 of them saying they are concerned about the influence technology has on their relationship with their children; and

WHEREAS: Doctors say there is now something called Computer Vision Syndrome, also known as digital eye strain, marked by blurred vision, dry eyes, and neck and shoulder pain; our eyes aren't built to read on screens—several aspects such as viewing angles and screen glare force our eyes to work harder than they do while studying a printed page; and

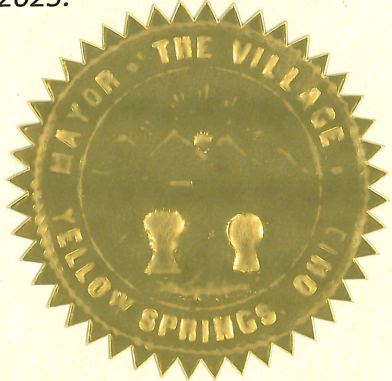
WHEREAS: Disconnect to Connect (D2C) is a coalition of members from Greene County Public Health, the Greene County Educational Service Center, the Mental Health and Recovery Board of Clark, Greene, and Madison Counties, Greene County Children Services, Greene County Family & Children First, and the Greene County Public Library and they are all joining in this event,

NOW THEREFORE: Recognizing the growing concern over the amount of time our citizens— young and old—are spending on screens and devices, the Office of the Mayor of Yellow Springs joins D2C in unplugging and going screen-free during #Greene County Unplugged and urges our villagers along with the rest of the county to celebrate and participate in

GREENE COUNTY UNPLUGS

encouraging alternate forms of activity and enjoyment during this 24-hour period.

IN WITNESS WHEREOF, I hereunto set my hand and seal of the Office of the Mayor this 28th day of February, 2025.



Mayor Pam

*Pam Conine, Mayor
Village of Yellow Springs, Ohio*